biohaven®

TALKING ABOUT GRAVES' DISEASE

A conversation guide for people living with Graves' disease

Talking about your health can be difficult, whether speaking with your doctor or your family. This guide is meant to help people with Graves' disease feel more comfortable starting the conversation.

PREPARING FOR YOUR DOCTOR'S APPOINTMENT

If you've been diagnosed with Graves' disease and are managing ongoing symptoms, preparing ahead of your appointment can help you make the most of your time.

BRING A LIST OF:

- ☑ Symptoms you're experiencing
- ☑ Family history of thyroid or autoimmune conditions
- ☑ Recent lifestyle changes or stressors
- ☑ Medications you take, including vitamins and supplements

QUESTIONS TO DISCUSS WITH YOUR DOCTOR

ABOUT YOUR CONDITION:

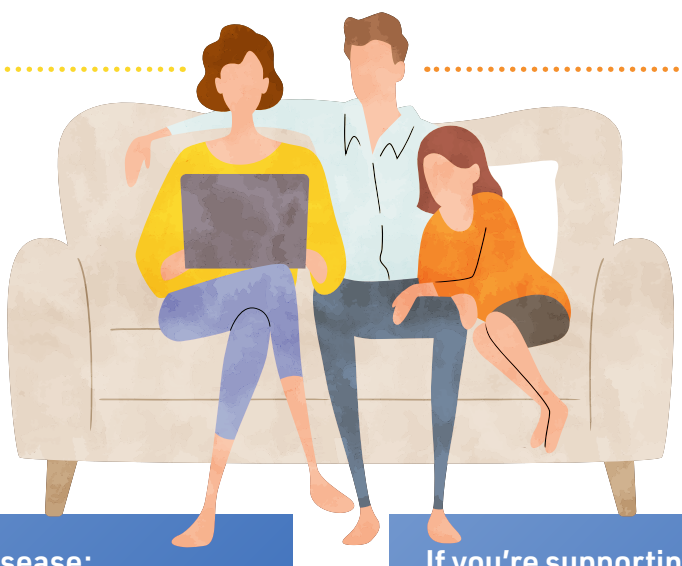
- How is my Graves' disease currently affecting my thyroid levels?
- Are my symptoms typical for Graves' disease?
- How will we monitor disease progression?

ABOUT MANAGEMENT OPTIONS:

- What treatment options are available?
- What should I do if my symptoms worsen?
- Are there clinical trials I may be eligible for?

TALKING WITH YOUR LOVED ONES

Graves' disease can impact both physical and emotional well-being.
Open communication can help others understand what you're experiencing.



If you have Graves' disease:

- Use patient resources from advocacy organizations to educate yourself on the disease and guide open discussions with your loved ones.
- Share your symptoms, in detail, with your support team and be specific about what support looks like for you to give them the opportunity to understand what is happening.

If you're supporting someone with Graves' disease:

- Become informed about the disease.
- Provide emotional and physiological support to your loved one by being there to listen or spend quality time with them.
- Schedule check-ins with your loved ones so they can share how they're doing and additional support needs.

NEW RESEARCH IN GRAVES' DISEASE

Despite affecting thousands of people, no new treatment options for Graves' disease have been approved in over 70 years.

Biohaven is conducting a Phase 1b study to see if BHV-1300 is a safe treatment for people with Graves' disease. BHV-1300 is a novel small molecule designed to target the underlying cause of Graves' disease.

WHO MAY BE ELIGIBLE FOR THE BHV-1300 STUDY?

MUST:

- Be 18–70 years old
- Have confirmed Graves' disease

MUST NOT:

- Have a history of hyperthyroidism unrelated to Graves' disease
- Have been treated with radioactive iodine therapy or thyroid surgery

BHV-1300 is administered by injection (subcutaneously).

INTERESTED IN JOINING THE CLINICAL TRIAL OR HAVE A LOVED ONE LIVING WITH GRAVES' DISEASE?

To learn more, scan the QR code or visit www.biohavenclinicaltrials.com/clinical-studies/graves-phase-3

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